



10 January 2024

Dear Parent/Carer

Firstly I want to take this opportunity to wish you all a happy and healthy new year. I hope this message finds you well. I am thrilled to share some exciting news regarding our physical education (PE) programme here at Outwood Academy Riverside.

Expanded PE Opportunities at Middlesbrough College

We have recently secured an opportunity to offer additional PE sessions at the excellent facilities of Middlesbrough College. This development means that your child will have more chances to engage in physical activities, which is a vital part of their overall education and well-being.

Schedule and Rotation

Starting from 11 January 2024, every Thursday, some students will be out of the Academy to participate in these extra PE lessons. Due to scheduling constraints and to ensure all students benefit, we will implement a rotation system. This means that not every student will attend the extra PE lesson every Thursday, but will do so on a rotational basis.

Communication

To keep you informed, we will send out a text message in advance notifying you of the weeks when your child is scheduled for the additional PE session at Middlesbrough College. This will help you plan accordingly.

Importance for Mental Health and Well-being

We are particularly enthusiastic about this initiative as it aligns with our commitment to the mental health and well-being of our students. Physical activity is not only beneficial for physical health but also plays a crucial role in mental and emotional well-being.

Logistics and Requirements

On days when your child has PE at Middlesbrough College, they will take a short, supervised walk with our staff members to the college. We ask that on these days, students come to school dressed in their PE kit, ready for their lesson. They can remain in their PE kit for the rest of the day. This decision is made for the convenience of the students and to ensure that they are comfortable and ready for their physical activity. Please note that this arrangement applies only to the Thursdays when your child is scheduled for the PE lesson at Middlesbrough College. On all other school days,

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Registered office address: Potovens Lane, Outwood, Wakefield, West Yorkshire WF1 2PF.

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A list of Directors' names is open to inspection at our registered office.

students are expected to wear their regular school uniform.

Part of Our Healthy Schools Programme

This initiative is an integral part of our Healthy Schools Programme, aimed at fostering a holistic approach to health and education.

We believe that this is a wonderful opportunity for our students to enjoy the state-of-the-art facilities at Middlesbrough College and benefit from the additional physical activity. Your support in this new venture is greatly appreciated, and we are confident that it will have a positive impact on our students.

If you have any questions or require further information, please do not hesitate to contact us.

Thank you for your continued support.

Yours sincerely



Mrs M Brant-Smith
Principal